



**NEWCASTLE
UNIVERSITY**

ACADEMIC AND ATHLETIC EXCELLENCE

TEAMS



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All about Tennis

Competitive Opportunities

High-level competitive opportunities for aspiring young players include:

**BUCS NATIONAL
CHAMPIONSHIP**

**NORTHUMBERLAND AND
DURHAM LEAGUE**

**BUCS INDIVIDUAL AND
DOUBLES CHAMPIONSHIPS**

These opportunities combined with our own training programme give students a challenging but supportive pathway to progress to the next level in their game.

Scholarships

We have a range of scholarships available from direct cash instalments, reduced academic grade offers, up to 60% fee reductions, and support services including medical support, sports psychology, S&C, academic flexibility and gym memberships.

Your Weekly Schedule

MON	TUES	WED	THURS	FRI	SAT	SUN
S&C / Group Training	Group Training	BUCS Match	Group Training	S&C / Group training	Group Training	

Our Coaching Staff

John Henderson Head Tennis Coach



Playing & Coaching Career

With over 25 years of experience, John is a LTA Level 5 Master Performance Coach and is Head of Tennis at the Northumberland Club, working with a range of ages and standards. John has a great rapport with all of our players who find his engaging and supportive coaching style a perfect fit for our university tennis programme.

John's Philosophy

'I am very aware that those students who represent Newcastle University at tennis have the challenge of balancing their studies with the necessity to train at a level that will allow them to compete at the highest level of BUCS tennis. I am a great believer in creating a training environment that will always incorporate the five game based situations. My aim is to help all of our squad to develop match winning patterns and strategies, as opposed to point winning shots! Whilst I appreciate the spectacular, I place great importance in the ability of doing the simple things to a very high level over the course of a match.'



Student Testimonial

Former Tennis Scholar - Corey Chan

'Being part of Newcastle University Tennis Team during my time at Newcastle University was undoubtedly the highlight of my student experience. I loved the team environment, training sessions, the competitiveness of BUCS matches, and all the social events. Through this I have met so many great individuals, many of whom are now lifelong friends. The training programme and BUCS Wednesdays were a great challenge, and a well needed escape from my course commitments. It was a privilege to Captain the men's team for 3 years and it taught me invaluable skills; teamwork, communication, discipline, commitment, and tenacity. I would not be where I am today without these experiences and all the incredible support I received from Newcastle University Sports Centre. My time as part of Newcastle Tennis Team, although longer than most, never seemed quite long enough.'

Bachelor of Medicine, Bachelor of Surgery (MBBS), Master of Research (MRes) Cancer



Our Facilities

Our tennis club split their training between two facilities, our own Sport Centre located on campus and the Northumberland Club located in Jesmond, two metro stops out of the city. The Northumberland Club is arguably the best tennis facility in the North East, with 5 American Clay, 3 Artificial Clay, 6 Artificial Grass and 3 Indoor Acrylic courts. These are all set within beautiful tree-lined grounds, overlooked by St. George's Parish Church. A full-time cafe/bar area, gym, extensive range of fitness classes and an ideal location makes it the perfect base for our tennis players.



Newcastle University Sport Centre offers a world class, 180 station gym for all members but also two modern strength and conditioning suites for scholars and performance teams. Access to our passionate coaches is on hand to monitor their progress.

Our strength and conditioning department supports high performance student-athletes in their pursuit of sporting excellence. They provide individualised coaching delivered within a programme of athletic development and injury mitigation. Alongside John, they work hard to develop our students into robust and powerful athletes able to cope with the high demands of competitive tennis.

Our University



Newcastle University is a world-leading university and a founding member of the Russell Group, representing the UK's top higher education institutions. As a world top 125 university (QS World University Rankings 2023), Newcastle University inspires the minds of thousands of students from over 140 countries and delivers an outstanding learning experience that equips students for future success. Newcastle University has been rated 5th in the UK for Student Life (Whatuni Student Choice Awards 2022) and is considered a top 20 university in the UK (Times Higher Education World University Rankings 2023).

Our City



Voted as one of the UK's greatest student cities, Newcastle is a big city in a small space with a sizeable student population of around 42,000. The city has a proud reputation for sport and is home to several professional sports teams, such as: Newcastle United, Newcastle Falcons and the Newcastle Eagles. Newcastle's reputation for a great nightlife is well-known and with its thriving arts and culture scene too, there's something different to do every day of the week. The combination of a challenging but well supported tennis programme, a world class education and nationally renowned social life, makes this programme the place to be!

Information & Links



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[Instagram - @nutennisclub](#)

[Visit our University website](#)

[Visit our University Sport website](#)

[Visit our Tennis Performance website](#)

[Visit the Northumberland Tennis Club website](#)

BELOING